

Abbey Together

The newsletter of Amesbury Abbey Group

October 2025

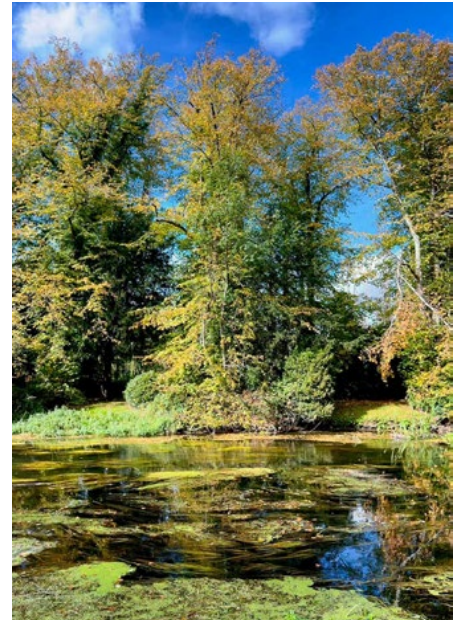


Awesome October

Autumn's in full swing, bringing beautiful colours to enjoy. The grounds are always so special at this time of year; it may just be my favourite season. As ever, we've been busy with events and activities a-plenty. Creative afternoons, emotional farewells and particular highlights, a fascinating talk from current resident, Nicholas Crace, a musical evening with Saffron Strings and of course the seasonal Halloween mischief; it's been another chock-a-block month!



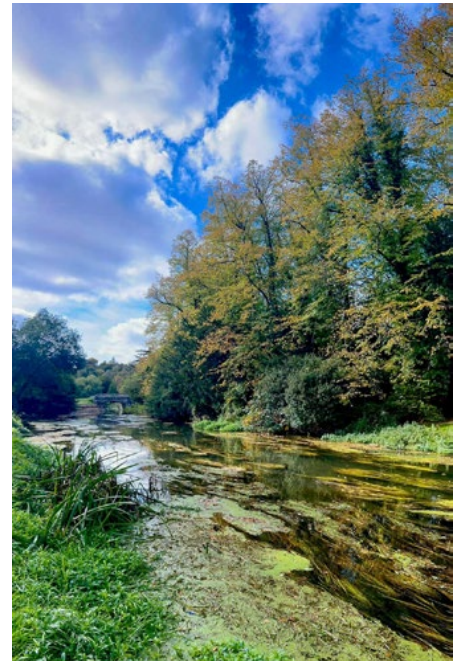
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Autumn in Full Colour

Capturing the season's beauty at Sutton Manor & the Abbey grounds

Beautiful shots of autumn views at Sutton Manor! We're loving all the jewel tones - what a magnificent time of year. More signs of autumn rolling in - an explosion of mushrooms in the Abbey grounds! Thanks to Jo Ireland, Independent Living Manager, for keeping her camera on her at all times!





Time to Put Her Feet Up

Another sad so long this month - our lovely Ange from wash-up at the Abbey is retiring to put her feet up and take some well-deserved time for herself. Ange has been a stalwart for so many years in so many departments, it will be very strange not to see her smiling face.

Thank you for everything, Ange. We'll be missing you - don't be a stranger!



Scandal, Spite & Shuttlecocks

Richmond Arts Society captivates at the Abbey

This month's evening lecture at the Abbey had a great turnout for October's 'Scandal, Spite and Shuttlecocks: Wentworth Woodhouse.'

What a brilliant story - and what a great lecturer David Winpenny is! Residents thoroughly enjoyed themselves.



On The Beat

Now then, now then, what's going on here?! A great turnout in the drawing room at Sutton Manor this morning for Nicholas Crace's talk, Life on the Beat. Fellow residents

enjoyed his interesting and light-hearted reminiscences of the many and varied scenarios he faced during his ten years of service policing the streets of North London.

We're trying to locate some photos of him in uniform to share with you. Huge thanks to Mr Crace for this fun trip down memory lane together.



Harvest of Kindness

We were delighted to deliver the Manor's Harvest Festival collection to local charity Winchester Beacon. The team was delighted to receive a substantial quantity of food items, as well as cash and cheque donations from our wonderful staff and residents.

The charity said they were extremely grateful, as it's these kindnesses that allow them to keep their doors open and continue helping vulnerable people out of homelessness and providing food parcels in times of emergency.

It feels great to be able to support our local community!

www.winchesterbeacon.org.uk





Creative Calm

An afternoon of colour & creativity at Sutton Manor

A very relaxing and therapeutic afternoon of art in many forms at Sutton Manor earlier this week. There were acrylics, felt tips, and watercolours on the go – and some incredible results, including the most wonderful still life of pink cosmos.





Strings by Candlelight

Residents enjoyed an absolutely wonderful evening of music at Sutton Manor, courtesy of the very talented Saffron Strings. The ladies played a varied repertoire, each piece introduced with a little history about the composer or the music itself. The atmosphere was amazing,

with a sea of candles twinkling away and, in the interval, Bernie treated the audience — made up of residents and family members – to fizz and delicious canapés courtesy of Yvonne.

At the end, the ladies were so kind and stayed to chat with the residents, all of whom

found the event terribly moving and evocative.

Huge thanks to Jo for masterminding everything and to all who went the extra mile to make the night so special.

www.saffronstrings.co.uk



Retail Therapy & Christmas

It wouldn't be the start of the festive season without a wee trip to Hiller Garden Centre in Weyhill! Abbey Nursing Home residents really enjoyed seeing this year's displays and colours - and, of course, indulging in a little retail therapy!



Books on Wheels

Everyone loves that Friday Feeling! And Sutton Manor's no different. The mobile library gets out and about doing the rounds, visiting every resident's room, with a selection of great new books, magazines, and puzzles to enjoy - complete with bonus sweet treat pots from Jo. Plus, the new autumn nail colours are in for our ladies to try

out ahead of their manicures. Gorgeous autumnal hues - we can't decide which to try first!





Frightfully Fun!

Halloween happenings at Amesbury Abbey... spooky business!

